

# Mount Carmel College

## Teaching & Learning Family Guide





## Teaching & Learning at Mount Carmel College

Mount Carmel College offers a Catholic education from Early Learning through to Year 10, utilising evidence-based strategies informed by the Science of Learning to build strong foundations in literacy and numeracy. Our comprehensive curriculum features high-impact teaching practices, specialised programs and diverse co-curricular opportunities designed to empower young women as courageous and compassionate learners.

# The Science of Learning

The Science of Learning is a body of research that helps us to understand how children learn best. By applying evidence-based strategies at Mount Carmel College, we can ensure that our classroom instruction aligns with the way children learn and retain knowledge.

- **Repetition & practice makes learning stick** – children need to revisit learning repeatedly, over time, not just once.
- **Memory matters** – learning means remembering; if it isn't remembered, it isn't learned.
- **Focus is essential** – children learn best with fewer distractions and clear routines.
- **Strong basics help** – reading, vocabulary and maths facts support all future learning.
- **Mistakes help learning** – getting things wrong (and correcting them) strengthens understanding.
- **Clear teaching works best** – step-by-step explanations and modelling support success.
- **Practice + feedback = progress** – children improve when they practise and receive helpful feedback.





## Teaching & Learning Programs

Mount Carmel College is committed to delivering effective, evidence-based teaching programs that support every student to succeed in their learning. Aligned with the Science of Learning, we implement a range of high-quality programs across the school, including:

- **PreLit:** Kinder
- **Heggerty Phonemic Awareness Program:** ELC - Year 2
- **InitialLit:** Prep - Year 2
- **Spelling Mastery:** Year 3 - Year 8
- **Explicit Maths Program (EMP):** Prep - Year 2
- **MiniLit:** Years 1 - 2 Literacy Intervention
- **MacqLit:** Years 3 - 10 Literacy Intervention
- **Bond Blocks Intervention Support System:** Years 3 - 8

These programs are designed to provide explicit, structured and research-informed instruction, building strong foundations in literacy and numeracy while supporting students who require targeted intervention.

# Inclusion and Differentiated Support

Mount Carmel College is an inclusive college that offers a range of support programs to meet the needs of all students. The Student Support and Extended Learning team support teachers and students to engage fully with learning and school life. We also provide tailored support programs, including life skills, social skills, and transition programs for students with additional learning needs.

Mount Carmel College values and nurtures the individual needs of gifted and talented students by providing optimal academic challenges within the classroom, along with a variety of co-curricular opportunities. High quality curriculum differentiation, supported by teacher and enrichment opportunities, enables students to meet their potential.





## **Connecting to Learning at Mount Carmel College**

SEQTA is our online learning management system used by students, teachers, parents and carers to engage with learning at Mount Carmel.

SeeSaw is used from Kinder to Year 6 as a platform to share classroom learning, celebrate student growth and provide families with regular insights into their child's learning journey

These online management systems provide parents and carers with opportunities to communicate directly with teachers while accessing ongoing feedback, helping families stay informed, engage in the learning process, and foster meaningful home-school conversations about student progress.

# Co-Curricular Opportunities

Learning at Mount Carmel College goes beyond the classroom. We are passionate about learning for life. Our co-curricular program helps students discover their strengths and develop personally, spiritually, intellectually, and socially. Through sports, arts, social justice, and outreach activities, students engage with their community and continue the legacy of the Sisters of Charity.

## Homework

The College is committed to a homework program that supports student wellbeing by providing an appropriate level of challenge, support when needed and the opportunity to feel a sense of accomplishment. We believe that homework should leave time for students to be involved in other activities of value and interest such as family time, sport, music practice or community service.



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