



Canteen Menu

Price \$

Salads

Small Salad Wrap	5.50
Large Salad Wrap	7.50
Turkish Bread with Salad	7.50
Salad Sandwich	6.50
Custom Salad	7.00

Salad Options for salads, wraps (including gluten free), Turkish bread, sandwiches :
avocado, capsicum, carrot, cheese, chickpeas, cucumber, egg, fetta cheese, free-
range ham, mesculin mix, poached chicken, semi-sundried tomatoes, tomato, tuna.

Dressing Options : creamy dressing, French, Italian and mayonnaise.

Gluten free bread and wraps available for \$1 extra.

Toasted Sandwiches

1 filling	4.50
2 fillings	5.00
3 fillings	5.50
Additional Fillings	1.00 ea

Bread Options : white and wholemeal. Gluten free available for \$1 extra.

Fillings : avocado, capsicum, carrot, cheese, egg, free-range ham,
poached chicken, semi-sundried tomatoes, tomato.

Spreads : BBQ sauce, mayonnaise, sweet chilli sauce, tomato relish,
tomato sauce.

Toasted Turkish Bread (1 filling)	5.00
Additional Fillings	1.00 ea

Breads

Garlic Bread	2.50
Cheese and Garlic Turkish Bread	3.50

Pies (National Pies)

Lunch Pie	5.50
Curried Chicken Pie	5.50
Party Pie	2.50

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Hot Options

Fried Rice (GF) : bacon, egg omelette, spring onion, peas, corn, capsicum and soy sauce	6.50
Vegetarian Fried Rice (GF) : egg omelette, spring onion, peas, corn, capsicum and soy sauce	6.50
Butter Chicken : served with rice	6.50
Chicken Breast Burger : served with cheese, carrot, lettuce, tomato and mayonnaise	6.50
Zucchini & Potato Burger : served with cheese, carrot, lettuce tomato and mayonnaise	5.00
Vegetarian Pasta : Napoli sauce, herbs and cheese. Gluten Free Option available.	6.50
Spaghetti Bolognaise	6.50
Lasagne	7.50
Soup of the Day : served with a buttered roll	3.00

Snacks

Muffins : flavours change daily (over the counter only)	2.00
Red Rock Chips : sweet chilli & sour cream	2.00
Harvest Snacks Pea Chips : original salted, salt & vinegar	3.00
Fruit Salad made from seasonal fruit	5.50

Drinks

Water : pop top/small / large	2.50 / 3.00 / 4.50
Pop Top Juices : orange, apple, apple-blackcurrant	3.50
Pure Tassie Organic Juice: cloudy apple, apple & blackcurrant, green juice, pulped orange juice	4.50
Nippy's Milk : small / large	3.80 / 4.50
chocolate, honeycomb (small only)	
Milkshakes (GF) made with ice cream : chocolate, strawberry	6.80

Ice Creams and Icy Poles

Quelch Ice Tubes	1.00
Bulla Frozen Yoghurt	3.00
Milo Ice Cream	4.50