

## Canteen Menu

Price \$

### Salads

Small Salad Wrap	5.50
Large Salad Wrap	7.50
Salad Turkish Bread	7.50
Salad Sandwich	6.50
Custom Salad	7.00

Salad Options for salads, wraps (including gluten free), Turkish bread, sandwiches :  
avocado, capsicum, carrot, cheese, chickpeas, cucumber, egg, fetta cheese, free-  
range ham, mesculin mix, poached chicken, semi-sundried tomatoes, tomato, tuna.  
Dressing Options : creamy dressing, French, Italian and mayonnaise.  
Gluten free bread and wraps available for \$1 extra.

### Toasted Sandwiches

1 filling	4.50
2 fillings	5.00
3 fillings	5.50
Additional Fillings	1.00 ea

Bread Options : white and wholemeal. Gluten free available for \$1 extra.  
Fillings : avocado, capsicum, carrot, cheese, egg, free-range ham,  
poached chicken, semi-sundried tomatoes, tomato.  
Spreads : BBQ sauce, mayonnaise, sweet chilli sauce, tomato relish,  
tomato sauce.

Toasted Turkish Bread (1 filling)	5.00
Additional Fillings	1.00 ea

### Breads

Garlic Bread	2.50
Cheese and Garlic Turkish Bread	3.50

## Canteen Menu

Price \$

### Hot Options

Fried Rice (GF) : bacon, egg omelette, spring onion, peas, corn, capsicum and soy sauce	6.50
Vegetarian Fried Rice (GF) : egg omelette, spring onion, peas, corn, capsicum and soy sauce	6.50
Chicken Paella (GF) : rice, chicken and a mix of vegetables	5.50
Butter Chicken	6.50
Chicken Breast Burger : served with cheese, carrot, lettuce, tomato and mayonnaise	6.50
Zucchini & Potato Burger : served with cheese, carrot, lettuce tomato and mayonnaise	5.00
Vegetarian Pasta : Napoli sauce, herbs and cheese. Gluten Free Option available	6.50
Spaghetti Bolognese. Gluten Free option available	5.00
Pumpkin Soup served with Buttered Bread Roll	3.00

### Pies (National Pies)

Lunch Pie	5.50
Curried Chicken Pie	5.50
Party Pie	2.50

All pastry products are from the canteen approved Smarty Pie range which is lower in fat and salt. Meat pies contain vegetables.

### Sushi Roll Packs

Only available Wednesdays. Sushi orders must be placed via the Qkr app by 9am the day prior to supply. Any orders placed after this time will not be fulfilled.

Sushi Pack (1 roll of the same variety cut into 8 pieces) Varieties : avocado, Californian, cooked tuna, Japanese omelette, prawn, teriyaki chicken, vegetarian.	8.50
Combination Sushi Pack : 4pcs cooked tuna + 4pcs teriyaki chicken	8.50
Mixed Seafood Sushi Pack : 4pcs smoked salmon + 4pcs prawn	8.50
Mixed Vegetable Sushi Pack : 4pcs vegetarian + 4pcs Japanese omelette	8.50
Smoked Salmon & Prawn Pack : 2pcs bite size smoked salmon sushi, 2pcs bite size prawn sushi with inari, 1 smoked salmon nigiri, 1 prawn nigiri, pickled ginger & wasabi	8.50

## Canteen Menu

Price \$

### Snacks

Muffins : flavours change daily (over the counter only)	2.00
Red Rock Chips : sweet chilli & sour cream	2.00
Harvest Snacks Pea Chips : original salted, salt & vinegar	3.00
Fruit Salad made from seasonal fruit	5.50

### Drinks

Water : pop top/small / large	2.50 / 3.00 / 4.50
Glee Sparkling Juice : Blackcurrant, Blueberry, Raspberry, Tropical, Watermelon	2.80
Pop Top Juices : orange, apple, apple-blackcurrant	3.50
Pure Tassie Organic Juice: cloudy apple, apple & blackcurrant, green juice, pulped orange juice	4.50
Nippy's Milk : small / large	3.80 / 4.50
chocolate, honeycomb (small only)	
Mixed Berry Smoothie	6.80
Milkshakes (GF) made with ice cream : chocolate, strawberry	6.80

### Ice Creams and Icy Poles

Quelch Ice Tubes	1.00
Bulla Frozen Yoghurt	3.00
Milo Ice Cream	4.50